

# COMMUNITY ASSISTANCE, REFERRAL & EDUCATION SERVICES (CARES) PROGRAM

The Birmingham Fire & Rescue Service provides **FREE** follow-up visits in your home for Birmingham residents after hospital discharge, along with other helpful services. The service is part of its Community Assistance, Referral & Education Services (CARES) program.

Services include:

- Scheduled visits from paramedics after you return home
- Help with scheduling follow-up appointments with doctors
- Assistance with finding affordable medications
- Blood pressure and blood sugar checks
- Connecting you with helpful community services such as home health, hospice care, food banks, and assistance with understanding your discharge instructions

For more information on the CARES program, please call (205) 934-5105 and select option 3 between the hours of 7 am – 11 pm, or call UAB Hospital-Highlands Emergency Department (205) 930-7794 and ask for the Social Worker between the hours of 11 am – 7 pm.

**UAB** MEDICINE

